

# Psychotherapie Trendle

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Psychotherapeutische Praxis  
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## Psychotherapy Trendle: Costs & Supplementary Health Insurance

- Individual Psychology Therapy Sessions are 60 Minutes and are charged at 190.-  
My preparation time is included in the price.
- Shorter Sessions are available on request (50 Minutes / 160.-)
- Therapy Sessions for Couples are 80 Minutes and are charged at 260.-.
  
- In Switzerland, psychotherapy provided by a self-employed psychotherapist is not covered by basic health insurance "Grundversicherung".
- Supplementary health insurance covers a part of the costs. I'm accredited with Swiss Supplementary Health Insurance Companies ( "the santé-suisse-List") and an accredited Swiss Psychotherapist ("FSP-Therapeut").
- Conditions vary a lot and often, you will need to get a doctors referral prior to your first appointment.
- If you have supplementary health insurance "Zusatzversicherung", please contact your insurance company directly to check with your individual conditions, ask them how much they pay and if you need a doctors referral or not.
- Please inquire directly with your supplementary insurance prior to your initial therapy session.

### The fine print:

- The initial consultation is also subject to charge.
- If you are unable to make a scheduled appointment please let me know as soon as possible.  
Cancellations made less than **36 hours** will be charged.
- I accept payment by bank transfer.